

Rundenprotokoll**Taute, Heinz - LG Uplengen**

Platz Total: **16** Runden: **31** **1882 m**
 Platz M45: **6** Distanz: **59.562 m** Schnellste Runde: **10:11 min**
 Platz M/W: **15** Restmeter: **1220 m**

Nr.	Absolut	Runde	KM	Nr.	Absolut	Runde	KM	Nr.	Absolut	Runde	KM
1	00:11:14	11:14	1.882	11	02:03:17	10:53	20.702	21	03:51:33	10:59	39.522
2	00:22:23	11:09	3.764	12	02:15:32	12:15	22.584	22	04:02:20	10:47	41.404
3	00:33:34	11:11	5.646	13	02:26:06	10:34	24.466	23	04:13:04	10:44	43.286
4	00:44:58	11:24	7.528	14	02:36:35	10:29	26.348	24	04:24:55	11:51	45.168
5	00:56:20	11:22	9.410	15	02:47:38	11:03	28.230	25	04:36:04	11:09	47.050
6	01:07:35	11:15	11.292	16	02:57:49	10:11	30.112	26	04:48:12	12:08	48.932
7	01:19:39	12:04	13.174	17	03:08:04	10:15	31.994	27	04:59:52	11:40	50.814
8	01:30:37	10:58	15.056	18	03:19:37	11:33	33.876	28	05:13:15	13:23	52.696
9	01:41:36	10:59	16.938	19	03:30:07	10:30	35.758	29	05:25:46	12:31	54.578
10	01:52:24	10:48	18.820	20	03:40:34	10:27	37.640	30	05:38:57	13:11	56.460
31	05:51:37	12:40	58.342								